

BlueCross BlueShield of Minnesota



June 9, 2006

To whom it may concern:

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The purpose of this letter is to refer Liz Reyer's services as a Coach/Mentor. I would highly recommend her!

I have had the opportunity to be coached weekly by Liz as she worked with my leadership team for the past 8 months. Her goals were to provide the team personal development, team development and aid during a time of cultural change. She has accomplished her goals by providing one-on-one coaching, cultural surveys and analysis, and group facilitation.

With Liz, I have determined my goals, developed plans to achieve them, and measured my progress. I have also used our sessions to discuss and resolve issues and hot topics in my day to day activities. I believe my leadership and management skills have improved as a result of our sessions.

I would highly recommend you use her services if you are interested in growing yourself, improving your skills, and opening yourself up to new life opportunities. Liz has given me the skills to reflect, assess, and move forward.

Regards,

Jodi Lee, PMP
Program Director